

Arrangements for Sunday
In-Person Meeting Guidelines

(Note: No Wed and Fri in-person gatherings at this time)

1. Considerations prior to coming to an in-person church gathering

- a. Families whose members have tested positive for COVID-19 or one of the family members has been exposed to the people who have tested positive for COVID-19 **should not** attend an in-person gathering. They should only attend the meeting in-person if they have tested negative after 14 days.
- b. Families whose member has fever (Temp \geq 100.4 deg. F) and/or severe coughing and/or shortness of breath/difficulty breathing **should not** attend an in-person gathering. They should only attend the meeting in-person at least 7 days after the sick person is fully well.
- c. If an individual has one or more of the following common COVID-19 symptoms, he can seek the medical advice or decide by himself whether he may have been infected by the COVID-19 and need to be tested. If he has tested positive for COVID-19, he **should only attend the meeting in-person 7 days after** a negative test to COVID-19
 - i. Fever
 - ii. Cough
 - iii. Shortness of breath or difficulty breathing
 - iv. Fatigue
 - v. Muscle or body aches
 - vi. Headache
 - vii. New loss of taste or smell
 - viii. Sore throat
 - ix. Congestion or runny nose
 - x. Nausea or vomiting
 - xi. Diarrhea
- d. Individuals with compromised health conditions and/or with greater risk of COVID-19 infection **should seriously consider attending the meeting from home** instead.

2. Entering into the church building

- a. With exception of infants, everyone **must wear a mask at all times**. Please bring your own masks from home, but the church will have a limited number of masks available to those who need them.
- b. **Maintain a six-foot social distancing** with other people.
- c. Everyone will have their temperature taken by the usher. Families whose members are found with fever will be barred from entering the building and will be asked to join the meeting remotely.
- d. The head of household must sign in the Sunday attendance sheet for the entire family. The head of household will be notified in case someone in attendance has been tested positive with COVID-19.
- e. There will not be the passing of the bread and the cup during the Lord's Table gathering. Every believer will pick up a pre-filled communion cup and wafer set and open/take it when instructed during the Lord's Table.
- f. Proceed directly to the main sanctuary as soon as possible. Do not linger on the hallways.

3. Entering into the main sanctuary

- a. Locate the assigned seating to the family and settle down. The family members will be sitting close together and socially distanced from other families.

- b. Please try to sit on the same assigned sitting for every meeting to minimize infection.
- c. Please limit moving around in the main sanctuary upon entry.

4. Meeting arrangements

a. The Lord's Table (9:30 am)

- i. The saints will be able to join in the Lord's Table through Zoom. People at home and in-person are free to choose hymns and pray as usual and will be able to hear each other's prayers.
- ii. Upon giving thanks for the bread and the cup, the leading brother will be instructing the saints to take from the pre-filled communion cup and wafer. Please dispose of the packaging upon meeting conclusion.

b. The Worship Time (10:30 am)

- i. The worship time will be a gathering of saints from Bumby, Rouse, and at home.
- ii. Bumby and Rouse sites will alternate leading the worship and delivering the message while the other site and saints at home can watch through live YouTube broadcast.

c. Children Sunday School (10:30 am)

- i. The children who attend the Lord's Table will be dismissed into their classrooms by age group.
- ii. The children who arrive at 10:30 am should be dropped off at their respective classrooms after checking in.
- iii. All other children may attend the Sunday School through Zoom according to the instructions provided by their Sunday School teachers.

5. Upon service conclusion

- a. Take all the trashes out and help with cleaning before leaving the premises.
- b. Fellowship among the saints should be outdoors to minimize infection.
- c. The head of household will immediately notify the responsible brothers (e.g., Bro. Lee or Bro. David at Rouse, and Bro. Su or Bro. Owen at Bumby) if someone in his household was tested positive for COVID-19.
- d. Upon receiving a COVID-19 infection notification from an attendee, the church will communicate the incident to all the attendees according to the Sunday attendance sheet and the in-person gathering will take a 14-day recess following the incident.

主日實體聚會安排指引

(註：目前還沒有週三及週五的實體聚會)

1. 參加教會實體聚會之前的考慮事項

- a. 家中如果有人已經 COVID-19 測試呈陽性或一位家庭成員與 COVID-19 測試呈陽性的人接觸過的家庭，**不應該**參加實體聚會。他們祇應該在 14 天後的 COVID-19 測試呈陰性時才參加聚會。
- b. 家中如果有人已經發燒（溫度 ≥ 100.4 華氏度）、或嚴重咳嗽、或呼吸急促/呼吸困難的家庭，**不應該**參加實體聚會。他們祇應該在病人完全康復至少 7 天後，才參加聚會。
- c. 如果一個人具有以下一種或多種 COVID-19 常見的症狀，他可以尋求醫療建議或自己決定是否可能已被 COVID-19 感染並需要接受測試。如果他的 COVID-19 測試呈陽性，則只能在對 COVID-19 測試呈陰性後 7 天才參加實體聚會。
 - i. 發燒
 - ii. 咳嗽
 - iii. 呼吸急促或呼吸困難
 - iv. 疲勞
 - v. 肌肉或身體酸痛
 - vi. 頭痛
 - vii. 新近喪失味覺或嗅覺
 - viii. 喉嚨痛
 - ix. 鼻堵塞或流鼻涕
 - x. 噁心或嘔吐
 - xi. 腹瀉
- d. 個人如果健康狀況軟弱或對 COVID-19 感染風險較大的，**應當認真考慮在家裡參加網上聚會**作為代替。

2. 進入會所

- a. 除了嬰兒以外，每個人都**必須全部時間戴上口罩**。請帶上自己的口罩，但教會將提供限量的口罩給有需要的人。
- b. 與其他人**保持六呎的社交距離**。
- c. 每個人都會經過招待同工測量體溫。任何家庭成員被發現有發燒，將被禁止進入大堂，並接受指示加入網上聚會。
- d. 家庭代表必須為整個家庭填寫主日出勤表，萬一有人 COVID-19 測試呈陽性，他會接到通知。
- e. 擘餅聚會中不會有餅和杯的傳遞。每一位信徒會接到預先包裝好的餅杯，在接到指示的時候一同打開領受。
- f. 盡快直接進入大堂，不要在走廊上徘徊。

3. 進入大堂

- a. 找到分配給家人的座位安頓下來。家庭成員將坐在一起，並與其他家庭保持社交距離。
- b. 請嘗試在每次聚會都坐在同一座位上，以減低感染機會。
- c. 進入大堂以後，請盡量避免走動。

4. 聚會安排

- a. 擘餅聚會（上午 9:30）

- i. 聖徒們可通過 Zoom 加入聚會。在家和會所的人都可以跟往常一樣，自由選擇詩歌和禱告，彼此也能聽到大家的禱告。
 - ii. 餅杯祝謝以後，領會弟兄將指示聖徒們同領預先包裝好的餅杯。聚會結束時請丟棄包裝。
- b. 崇拜（上午 10:30）
 - i. 崇拜時間是來自 Bumby，Rouse 和家裡的聖徒們的聚集。
 - ii. Bumby 和 Rouse 堂將交替帶領崇拜和釋放信息，而在非帶領的會所和在家中的聖徒，則可以通過 YouTube 直播觀看。
- c. 兒童主日學（上午 10:30）
 - i. 參加擘餅聚會的孩子，將按年齡組別被解散到他們的教室。
 - ii. 上午 10:30 到達的孩子，應在登記後送至所屬教室。
 - iii. 所有其他孩子，都可以根據主日學老師的指示通過 Zoom 參加主日學。

5. 聚會結束

- a. 在離開會所以前，請幫忙清除所有垃圾，並幫助清潔。
- b. 聖徒之間的交通時間，都應該在戶外進行，以減低感染。
- c. 如果有任何家人 COVID-19 測試呈陽性，家庭代表當立刻通知負責弟兄（Rouse 的李弟兄和 David 弟兄；Bumby 的蘇弟兄和 Owen 弟兄）。
- d. 一旦從與會者接到 COVID-19 感染通知時，教會將根據所述主日出勤表，通知所有與會者。事件發生後，教會的實體聚會將暫停 14 天。